





Washburn Elementary School Nutrition Program

October 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Sloppy Joe Grape Cluster Crunchy Snack	2 Scalloped Potato & Ham Warm Cinnamon Apples 	3 Tatertot Hotdish Beets 	4 National Taco Day Taco Bar	5 National Noodle Day Chicken Stroganoff	6  National Apple Month
7 NATIONAL SCHOOL LUNCH WEEK	8 Pasty Apple Crisp 	9 Sub Sand Day Pickled Beets 	10 Thailand Chicken Satay Thai Fried Rice Sticky Rice with Mango Cucumber Salad	11 French Bread Pizza National Sausage Pizza Day	12 No School	13
14	15 California Burger Roasted Root Vegetables 	16 World Food Day Burrito Mexican Rice	17 National Pasta Day Pasta Bar Garlic Bread	18 Chicken Wild Rice Soup Apple Cinnamon Muffin 	19 No School	20 
21 National Chili Month	22 Baked Potato Bar Ham, Bacon, Broccoli	23 Wheat Pancakes Turkey Sausage Yogurt Granola	24 Chili Bar Blueberry Corn Bread Waldorf Salad 	25 Greek Chicken Gyro Beet Hummus 	26 Beef Stew National Pumpkin Day Pumpkin Bar	27
28 	29 Guard Bowl Mashed Potato Chicken Tender	30 Worms & Eyeballs Ghost Toast	31 Hot Dog Mummies Apple Slaw  Chocolate Cake 			
<p>Harvest of the Month: In October we will be featuring Beets & Apples. Look for Menu items marked with a Beet or an Apple</p>						<p>fall cycle</p>
<p>All Meals Include: Salad Bar: assortment of fresh fruits and vegetables, canned fruits and school made salads 1% White and Skim Chocolate Milk (we serve hormone free milk)</p>			<p>Middle & High Student Lunch Prices: Full: \$2.70 Reduced: \$.40 Elementary Lunch Prices: \$2.20 Adult: \$4.05</p>		<p>High School: 373-6188 ext 118 Patti Holman, Kirsten Pedersen & Lori Fibert Middle & Elementary School: 373-6199 ext 217 Jane Brevak, Rena Zifko & Diane Schillinger</p>	